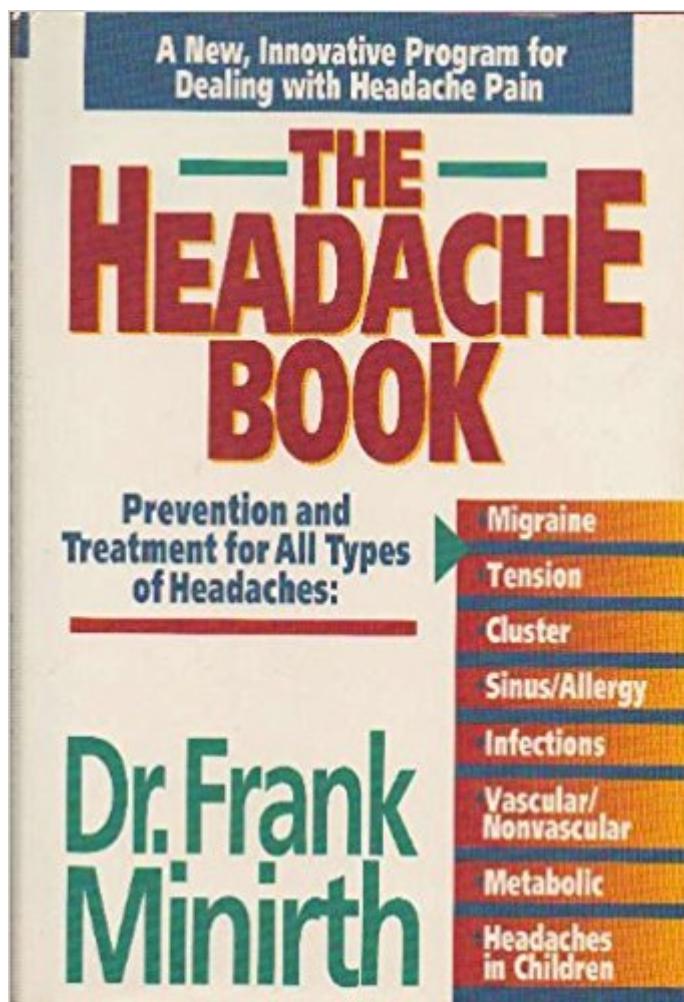


The book was found

The Headache Book: Prevention And Treatment For All Types Of Headaches



Synopsis

Encyclopedic in scope yet easy to read, The Headache Book defines the different types of headaches--sinus, migraine, tension, cluster, and others--where they come from, and how to prevent and/or manage the pain. Also covers the special problems of headaches in children.

Book Information

Hardcover: 247 pages

Publisher: Thomas Nelson Publishers; 1st edition (February 1, 1994)

Language: English

ISBN-10: 0785282564

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Product Dimensions: 6.3 x 1 x 9.3 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #2,217,485 in Books (See Top 100 in Books) #45 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches

Customer Reviews

Frank Minirth is president of the Minirth Clinic in Richardson, Texas, and one of only 122 doctors in America and Canada certified by the prestigious American Society of Clinic Psychopharmacology. He is the bestselling author of Happiness Is a Choice and can be heard weekly on both local and national radio.

After what I learned from this book and talking with my doctor, I have gone from migraine a week to one migraine in a six month period! If you suffer from any type of recurring headache, this book will help you free yourself from them.

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Management of Headache and Headache Medications

Handbook For Headache Relief: Headache...BE GONE! Headache and Your Child: The Complete Guide to Understanding and Treating Migraine and Other Headaches in Children and Adolescents Headache Help: A Complete Guide to Understanding Headaches and the Medications That Relieve Them- Fully Revised and Updated The Hormone Headache: New Ways to Prevent, Manage, and Treat Migraines and Other Headaches Headache Free: Relieve Migraine, Tension, Cluster, Menstrual and Lyme Headaches Breaking the Headache Cycle: A Proven Program for Treating and Preventing Recurring Headaches Outwitting Headaches: The Eight-Part Program for Total and Lasting Headache Relief Headaches Å“ The CommonSense Approach: Become Your Own Å“Headache DetectiveÅ“ Herbs to Relieve Headaches: Safe, Effective Herbal Remedies for Every Type of Headache (Good Herb Guide Series) Combat Headaches: A chiropractor's advice for those who suffer from migraines, jaw pain, sinus pain and/or tension headaches (Combat Dis-Ease) (Volume 2) User's Guide to Preventing & Treating Headaches Naturally: Learn How You Can Use Diet and Supplements to Put an End to Headaches (Basic Health Publications User's Guide) Stop Headaches Now: Take the Bite Out of Headaches When Cancer Hits Home: Cancer Treatment and Prevention Options for Breast, Colon, Lung, Prostate, and Other Common Types Scabies and Lice Explained: Causes, Prevention, Treatment, and Remedies All Covered! Information including symptoms, cure, removal, eggs, home remedies, ... natural treatment, life cycle, & more! Solar Cooking: Different Types of Solar Cookers: The Pros and Cons of Different Types of Solar Cookers and What Will Work Best For You

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